Monday, October 6, 2014

7:30-7:45  Registration Begins

7:45-8:30  Breakfast

8:30-8:45  Welcome
Speaker: Jadine Cairns

8:45-9:00  Opening Remarks
Speaker: Jadine Cairns

9:00-10:30  Keynote Address
Topic: Body dissatisfaction and dieting in young people: Normative discontent and/or public health concern
Speaker: Dianne Neumark-Sztainer

10:30-11:00  Nutrition Break – Poster presentations on display (presenters available for discussion)

11:00-12:30  Workshop Session I - Choose 1 of 6 workshops

A) An Affair with ED: Addressing Intimacy and Sexuality in Couples with Eating Disorders
Kelli Young

B) “For the First Time in a Long Time I Feel Hopeful”: Facilitator Experiences and Participant Outcomes Following a 2-day EFFT Workshop for Caregivers
Natasha Files, Joanne Gusella, Laura Connors, Patricia Nash, Patricia Marchand, Emily Orr, Amanda Stillar, Jennifer Scarborough, Rachelle Thurston, Katherine Henderson, Shari Mayman, Joanne Dolhanty, Adele Lafrance Robinson

C) Challenges to Change in an Eating Disorder Treatment Program: Just One More Bite!
Lana Bentley, Monique Jericho

D) Day Treatment for Adolescents with Eating Disorders: An Intense Family-Based Approach for Adolescents with Very Difficult and Complex Presentations
Ahmed Boachie, Karin Jasper

E) Emerging Themes in the Approach to Inpatient Refeeding in Anorexia Nervosa: Perspectives from Canada
Ellie Vyver, Alene Toulany

F) Peer Support, Social Media and Eating Disorder Recovery
Sally Chaster, Elise Skoglund, Shawn O’Hara
12:30-13:30  **Lunch** – Opportunity for informal discussions and networking

13:30-15:00  **Plenary**
*Topic:* Canadian Clinical Guidelines
*Speaker:* Dr. Josie Geller, Dr. Blake Woodside, Dr. Leora Pinhas
*Goal:* To describe the recently developed Clinical Practice Guidelines for Eating Disorders in British Columbia and create a task force with the goal of creating Canadian Guidelines

15:00-15:20  **Nutrition Break** – Poster presentations on display

15:20-16:40  **Paper Session I** - Choose 1 of 3 sessions
(each session consists of 4 papers of 20 minutes each)

**Session 1**

A) Subcallosal Cingulate Deep Brain Stimulation for Treatment-Refractory Anorexia Nervosa: 1-2 Year Follow-up
   D. Blake Woodside, Nir Lipsman, Andres M. Lozano

B) Dorsomedial Prefrontal Cortex repetitive Transcranial Magnetic Stimulation in Eating Disorders: Effects on Binge-Eating, and Comorbid OCD and PTSD
   DB Woodside, J Downar, P Colton, MP Olmsted, K Dunlop

C) Pinch, Cinch or Step: Attitudes Towards Anthropometric Measurements in Adolescent Eating Disorders
   Peiyoong Lam, GeethaDevi Harjeet, Jennifer Coelho, Sheila K Marshall

D) Outpatient Management of Medical Complications of Eating Disorders: An Interdisciplinary Approach
   Jane McKay, Debbie Rosenbaum, Kim Williams

**Session 2**

A) Development and Implementation of an Outpatient Eating Disorders Program for Transitional Age Youth: The Nature and Extent of Familial Involvement
   Kelty Berardi, Courtney Watson

B) A Comparison Between Two Intensive Day Hospital Treatment Streams for Eating Disorders: Differences Between Clients Referred to the Standard Group Treatment Versus Individually Tailored Treatment
   Traci McFarlane, Danielle MacDonald, Kathryn Trottier, Marion P. Olmsted

C) Distress Tolerance in Outpatient Programming
   Gisele Marcoux-Louie, Lana Bentley

D) Eating Disorders Meals Support: Presenting Two Videos for Caregivers of Youth with Eating Disorders
   Tom Bauslaugh, Karen Dixon
Session 3

A) A Positive Psychology Approach to Eating and Body Image: Investigating the Healthy Eater Self-Schema and Body Appreciation in Adolescents
   Daniella D. Sieukaran

B) The Effect of the Exposure to Various Types of Stressors on the Bidirectional Feeding Response of Stress Eaters and Stress Under-Eaters
   Michael Emond, Amanda Stillar, Stacey Kosmerly, Adele Robinson, Sherry Van Blyderveen

C) Negative Affect Mediates the Relationship Between Interpersonal Problems and Eating Psychopathology in Adults with Binge Eating Disorder
   Iryna Ivanova, Giorgio Tasca, Nicole Hammond, Louise Balfour, Kerri Ritchie, Diana Koszycki, Hany Bissada

D) Cognitive Remediation Therapy as an Innovative Group Treatment for Adult Eating Disorders: Patient Satisfaction and Preliminary Outcomes from a Canadian Tertiary Care Center
   Brad A. Mac Neil, Laura Stubbs

18:00-23:00 Dinner Reception & Evening of Music – Social networking

Tuesday, October 7, 2014

8:30-9:00 Breakfast

9:00-10:30 Keynote Address
   Topic: Integrating common therapeutic elements across all effective therapies and introducing the role of self-compassion in the treatment of eating disorders
   Speaker: Dr. Josie Geller

10:30-11:00 Nutritional Break – Poster presentations on display
   (presenters available for discussion)

11:00-12:30 Workshop Session II - Choose 1 of 6

A) COPE: A Comprehensive Approach to Treating Eating Disorders in Pre-Adolescents
   Melissa Lieberman, Brooke Halpert

B) Creatively Enhancing Parents’ Motivation and Confidence to Help Their Children with Eating Disorders: The Use of Symbolic Approaches
   Ahmed Boachie, Karin Jasper

C) DBT and EDs: The Ultimate Alphabet Soup
   Lana Bentley, Monique Jericho

D) Integrating Eating Disorder and Obesity Prevention: Research Challenges and Opportunities
   Shelly Russell-Mayhew
E) The Role of the Therapeutic Family Meal in Treating Eating Disorders
Julia Agajanian, Julia Cassidy

F) Validation: How to Help Families Help Their Loved One with an Eating Disorder
Jennifer Henretty, Jamie Atkins

12:30-13:30  **Lunch** – Opportunity for informal discussions and networking

13:30-14:50 **Paper Session II** - Choose 1 of 3 sessions
(each session consists of 4 papers of 20 minutes each)

**Session 1**

A) Community of Practice: An Innovative Approach to Integrating and Connecting Eating Disorders Service Providers in British Columbia
Connie Coniglio, Mimi Hudson, Kiera Ishmael, Aaron Kimberly, Amy Pezzente, Lynn Redenbach, Kim Williams, Claire Winterton

B) Balanced View: Addressing Weight Bias and Stigma in Health Care
Connie Coniglio, Kiera Ishmael, Charlene King, Kimberley Korf-Uzan

C) Simultaneously Preventing Body Dissatisfaction and Obesity Through Social Marketing Campaigns
Fannie Dagenais

D) Changing Perspective, Making a Difference
Émilie Dansereau-Trahan, Annie Aimé, Christophe Mañano

**Session 2**

A) Study of the Relation Between the Motivation to Change, the Intensity of the Eating Disorder and the Quality of the Therapeutic Alliance Within a Group of Teenagers Hospitalized for ED
Dominique Meilleur, Catherine Ostiguy, Danielle Taddeo, Jean-Yves Frappier

B) Retrospective Study of Children Aged 8-12 Years Old Treated for an Eating Disorder
Dominique Meilleur, Olivier Jamoulle, Danielle Taddeo, Jean-Yves Frappier

C) An Examination of Suicidality Among Adolescents with Eating Disorders: Profile Differences and Prognostic Indicators
Nicole Obeid, Mark L Norris, Jessica Dunn, Jessica Milloy, Wendy Spettigue, Megan Harrison

D) “Am I Recovered Yet?” Exploring Young Women’s Stories of Disordered Eating and “Recovery” in a Biopedagogical Society
Andrea LaMarre, Carla Rice
Session 3

A) Helping Parents Understand: Coordination of an Inpatient Therapy Group and a Parent Support Group
   Tom Bauslaugh, Karen Dixon

B) Family Involvement in a Pediatric Eating Disorders Program: Effectiveness of Parent Workshops
   Tom Bauslaugh, Jennifer Coelho

C) Harnessing Mother Power
   Leora Pinhas, Margaret Bogue, Gina Dimitropoulos

D) The Use of Psycho-Education in Conjunction with Family Based Treatment
   Sheila Bjarnason, Elyssa Greenbaum

14:50-15:10 **Nutritional Break** – Poster presentations on display

15:10-16:40 **Workshop Session III** - Choose 1 of 6

   Jackie Grandy

B) FBT Across the Treatment Spectrum: A 15 Year Perspective on Using Family-Based Therapy to Treat Adolescent Eating Disorders
   Wendy Spettigue, Mark Norris, Megan Harrison, Clare Roscoe, Julie Perkins, Nicole Obeid

C) An Innovative Group Therapy Approach for Body Dissatisfaction: Integrating Exposure with Response Prevention (ERP) as an Adjunct to Evidenced Based Treatment for Eating Disorders
   Brad A. Mac Neil

D) Radically Open Dialectical Behaviour Therapy: Broken Promises of Control and Perfectionism
   Suli Ackhurst, Marketa Nykl, Cindy Torssonen

E) Residential Treatment for Adolescents with Eating Disorders: The Development of a New and Innovative 12-Bed Unit
   Leora Pinhas, Cynthia Weaver, Sheila Neuburger

F) Transforming Trauma – Embodying the Self
   Ruth Lamb, Crystal Shaubel

16:40-17:00 **Closing Remarks**
   **Speaker:** Jadine Cairns

17:00-17:30 EDAC-ATAC Annual General Meeting
1. A Quality Improvement Project Assessing Meal Support Adherence by Clinical Staff in the Inpatient Eating Disorders Unit at the Hospital for Sick Children - Jaimie Kennedy, Lisa Whiteside, Carley O’Kane, Michael Lacey

2. A Review of Online Resources Available for Adolescents with Eating Disorders and their Families - Wendy Spettigue, Mark Norris, Maeghan Fu, Bani Jadiel Falcon, Nicole Obeid, Danijela Maras

3. Acceptance and Commitment Therapy Group for Adult Eating Disorders: A Novel Outpatient Approach to Patient Engagement and Treatment - Brad A. MacNeil, Laura Stubbs


6. Client Experiences of Transitioning from Adolescent to Adult Mental Health Services While Battling Anorexia Nervosa - Carrie Bove, Patrice Keats

7. Clinical Outcomes at the St. Paul’s Hospital Eating Disorders Program: The Role of Inpatient and Residential Care – Joanna Zelichowska, Megumi Iyar, Suja Srikameswaran, Erin Dunn, Josie Geller


9. Countertransference Responses to Clients with Eating Disorders: Research and Practice - Kelly Adler, Elspeth Humphreys, Meris Williams

10. Eating Disorders, Objectification Theory, and Dancers – Nicole Doria

11. Efficacy of a Professional Development Workshop on Undergraduate Education Students’ Beliefs towards Health and Weight: Pilot Data and Follow-Up - Shelly Russell-Mayhew, Alana Ireland, Michelle Tkachuk, Sarah Nutter, Gavin Peat, Tina Gabriele, Joyce Sunada

12. Evaluating the Readiness and Motivation Questionnaire (RMQ) in a Specialized Adult Eating Disorders Inpatient Unit - Nicole Pugh, Suja Srikameswaran, Erin Dunn, Josie Geller

13. Examining the Utility of Hormone Levels in Predicting Healthy Body Weight in Youth with Restrictive Eating Disorder – Erin Maszczakiewicz, Nicole Obeid, Mark L. Norris, Megan Harrison


15. Looking Glass Foundation for Eating Disorders Summer Camp Evaluation - Patricia Woods

16. Male Adolescents with Eating Disorders: A Retrospective Chart Review - Aarti Kumar, Jennifer Coelho, Pei-Yoong Lam, Lucinda Kunkel

18. Outcomes of a 2-day Emotion-Focused Family Therapy Group for Caregivers of Adults with Eating Disorders - Amanda Stillar, Adele Lafrance Robinson

19. Piloting of an EFFT Carer Workshop for Parents of Adolescents with an Eating Disorder – Joanne Gusella, Laura Connors

20. Predicting Engagement in a Specialized Adult Eating Disorders Inpatient Unit – Joanna Zelichowska, Megumi Iyar, Suja Srikameswaran, Josie Geller


22. Program Evaluation and Patient Satisfaction Data from an Adult Outpatient Eating Disorders Clinic in Southeastern Ontario: What are the Patients and Measures Telling Us? - Brad A. MacNeil, Sandra Leduc, Karen Lollar-Baird, Pallavi Nadkarni, Cathy O’Brien, Kerry Oulton, Laura Stubbs

23. PUMPS: A University-Based Support and Education Program for Those Suffering with Disordered Eating and Excessive Exercise Behaviours - Sally Willis-Stewart, Mary Jung


25. The Perception of Stigma from the Perspective of Individuals with Anorexia Nervosa: A Qualitative Analysis – Ashleigh Domingo, Victoria Freeman, Stephanie Muskat, Zahra Vahedi, Gina Dimitropoulos

26. Treatment Outcome in a Pediatric Day Treatment Program for Eating Disorders – Jennifer Coelho, Jadine Cairns, Adi Keidar, Marion Rom, Jennifer Pender, Kit Standish, Pei-Yoong Lam

27. Treatment Outcomes in a Specialized Adult Eating Disorders Inpatient Unit – Megumi Iyar, Joanna Zelichowska, Suja Srikameswaran, Josie Geller

28. University of Victoria Collaborative Eating Disorder Clinic – Cliff Duncalf, Judith Burgess, Ai-Lan Chia, Cathy Buchan, James Kirkpatrick, Nabiha Rawdah, Carol Tickner, Claire Winterton

29. Validity Evidence for the Eating Attitudes Test & the Eating Disorder Inventory: A Comparative Analysis - Krista D. Socholotiuk

30. What If They Don’t get Better? How to Survive and Thrive as a Clinician – Kim Williams, Colleen Hyland, Miranda Pearson